

Psalm 42

¹ As a deer longs for flowing streams,
so my soul longs for you, O God.

² My soul thirsts for God,
for the living God.

When shall I come and behold
the face of God?

³ My tears have been my food
day and night,
while people say to me continually,
“Where is your God?”

⁴ These things I remember,
as I pour out my soul:
how I went with the throng,
and led them in procession to the house of God,
with glad shouts and songs of thanksgiving,
a multitude keeping festival.

⁵ Why are you cast down, O my soul,
and why are you disquieted within me?
Hope in God; for I shall again praise him,
my help and my God.

1st Thessalonians 4

¹ Finally, brothers and sisters, we ask and urge you in the Lord Jesus that, as you learned from us how you ought to live and to please God (as, in fact, you are doing), you should do so more and more. ² For you know what instructions we gave you through the Lord Jesus. ³ For this is the will of God, your sanctification: that you abstain from fornication; ⁴ that each one of you know how to control your own body in holiness and honor, ⁵ not with lustful passion, like the Gentiles who do not know God; ⁶ that no one wrong or exploit a brother or sister in this matter, because the Lord is an avenger in all these things, just as we have already told you beforehand and solemnly warned you. ⁷ For God did not call us to impurity but in holiness.

Matthew 15

²¹ Jesus left that place and went away to the district of Tyre and Sidon. ²² Just then a Canaanite woman from that region came out and started shouting, “Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.” ²³ But he did not answer her at all. And his disciples came and urged him, saying, “Send her away, for she keeps shouting after us.” ²⁴ He answered, “I was sent only to the lost sheep of the house of Israel.” ²⁵ But she came and knelt before him, saying, “Lord, help me.” ²⁶ He answered, “It is not fair to take the children’s food and throw it to the dogs.” ²⁷ She said, “Yes, Lord, yet even the dogs eat the crumbs that fall from their masters’ table.” ²⁸ Then Jesus answered her, “Woman, great is your faith! Let it be done for you as you wish.” And her daughter was healed instantly.